

**OXFORD COUNTY  
NAVAL VETERANS ASSOCIATION**





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# November

## O.C.N.V.A. Executive July 2023-June2024

President.....	Karen Sutherland
Past President.....	Val Masson
1 <sup>st</sup> Vice President.....	Dennis Beattie
2 <sup>nd</sup> Vice President.....	Bryan Bucholtz
Treasurer.....	Lyle Ball
House.....	Peter Keith
Entertainment.....	George Spilak
Membership.....	Dick Henshall
Publicity.....	Sandra Lightbody
Grounds.....	Gerrie & Bill Arthurs
Sports.....	Harold Craib
Secretary.....	Marilyn McNeil
Master at Arms.....	Steve Brown
Directors.....	Rick D'Entremont Nancy Wettlaufer Carlene Smith
RCNA Director.....	Bill Burnet

Oxford County Naval Veterans Association  
(Woodstock Navy Club)



959 James Street, P.O. Box 20001,  
Woodstock, Ontario Canada N4S 8X8  
Phone: 519-537-8991  
Email: [office@ocnva.ca](mailto:office@ocnva.ca)



**President**    president@ocnva.ca

I would like to take this opportunity to thank Tyler Rivers for his service as Sports Chairperson and to welcome Harold Craib to the Executive taking over the position.

As a reminder, we welcome guests to visit the club. The expectation is that guests are personally known to the member signing them in and it is the responsibility of the member to ensure any guest knows the rules of the club. One of the rules pertains to the dress code. While trends are changing and what is considered acceptable and what is not is also changing, we still want to maintain a level of dress that is comfortable for all members and guests. If you have any questions speak to an executive member.

It is nice to see our members working with our Sports Chairperson to organize different events like the Trivia Night and the Euchre tournament.

We were also gifted a lifebuoy ring for the pond by the Woodstock Police Auxiliary Services. Thank you!

November is also a month dedicated to the remembrance of our Veterans. Thank you to Bill and Gerrie Arthurs for organizing and selling poppies at Zehrs. We would welcome other volunteers to give them a hand! The sign-up sheet is posted in the Galley. Remembrance Day services will be held at the Cenotaph at Victoria Park. If you require transportation you can go by bus which will be in our parking lot until 10 am. A light lunch will be served at the club after the services. I encourage you to attend if you are able. Our Veterans have made significant sacrifices and contributions to our country, and we have numerous reasons to be thankful for their service.

**Karen Sutherland**

**New POS System**

Effective October 10th

**Cash or Cards Only**

**NEW NO CASH BACK**

**CASH PREFERRED**

*A surcharge is added if you use a card*

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This meeting is dedicated to .....  
**HMCS Weyburn**



On 22 February 1943,  
HMCS Weyburn struck a mine, which ripped open the portside splitting the funnel from bottom to top and buckling the decks. After the initial explosion, all firing pins from the depth charges were safely removed except for two, which had jammed.

Into the rescue operation, something gave way inside Weyburn and the ship sank. As the ship sank the two depth charges whose pins had not been removed exploded, killing those in the water and killing and severely injuring members of the rescue ship.

The loss of 12 men  
*We must never forget their sacrifice.*



## **REMEMBRANCE DAY**



**Saturday, November 11, 2023**

at the Cenotaph (on the corner of Buller St. and Graham St.)

10:30 am Pre-laying of Wreaths

11:00 am Ceremony

**Light lunch at the Navy Club after the Cenotaph**

**Navy Club open 11 am – 12am**



# FRIDAY LUNGHEES

12noon \$13.00

November 3	Pork Schnitzel
November 10	Roast Beef
November 17	Cabbage Rolls
November 24	Krispy Chicken
December 1	Spareribs
December 8	Pork Schnitzel
December 15	Roast Beef
December 22	Roast Turkey and Stuffing
December 29	NO Lunch
January 5	Ham & Scalloped Potatoes
January 12	Spareribs
January 19	Lasagna
January 26	Roast beef
February 2	Pork Schnitzel
February 9	Krispy Chicken
February 16	Roast Turkey
February 23	Lasagna
March 1	Shepherd's Pie
March 8	Spaghetti and Meatballs
March 15	Irish Beef Stew
March 29	Good Friday
April 5	Roast Turkey
April 12	Pork Schnitzel
April 19	Krispy Chicken
April 26	Roast Beef
May 3	Ham & Scalloped Potatoes
May 10	Lasagna

All Lunches are subject to change or cancellation! Check the Gangway for notices.  
A minimum donation of \$2.00 for take-out containers

## November's

## Friday Night Dinners

5- 7 pm \$13.00 Dine in or take out

Friday, November 3	Wings or Schnitzel Parmesan on a bun
Friday, November 10	Wings or Philly Cheesesteak
Friday, November 17	Wings, or Cabbage rolls
Friday, November 24	Saucy Krispy Chicken on a Bun with fries



FOOTBALL SEASON - THURSDAY NIGHTS



**FOOTBALL and Wings**

*Wings starting at .....6pm*

Game is at 8:20 pm



**American Thanksgiving Football  
Thursday November 23<sup>rd</sup>**



Football on TV  
12:30 pm



Green Bay Packers at 4:30 pm Detroit Lions

Washington Commanders at 8:20 pm Dallas Cowboys

San Francisco 49ers at Seattle Seahawks

**LIVER AND ONIONS**



**LUNCH**



Saturday, Dec 2<sup>nd</sup>

12noon \$12.00 per person

Purchase your meal ticket from the bar.  
after 11 am on Saturday, December 2<sup>nd</sup>



## 1st Vice

Keep the Club Informed!!!!

When you know of a Veteran, club member, or immediate family, who has “Crossed the Bar” or is in the hospital ..... Please let us know by contacting the club’s office at 519-537-8991 or Email – office@ocnva.ca

**Dennis Beattie**



## **“Crossed the Bar”**

**Expression of sympathy donations were made in the name of:**

### Members

Ralph (Bud) Reeves	October 2, 2023	OCNVA member
Wendy Morrison	October 5, 2023	OCNVA member
Robert James (Jim) Aspden	October 7, 2023	OCNVA member

### Non-Members

Frank Calic                      October 3, 2023  
Father of John Calic, and Frank Calic



## 4<sup>th</sup> stanza of the poem “For the Fallen”

They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.



**RCNA Director**

**Bill Burnet**

## **PLEASE STAY HOME IF YOU ARE SICK**

If you have a cough, fever, cold symptoms or diarrhea - please stay away and come to the club when you are feeling better.



### ALWAYS REMEMBER

Cover your cough and sneezes.  
Avoid touching public surfaces.  
Wash your hands often.





**House**

**Peter Keith**

## Oxford County Naval Veterans Association

Bartenders

Daytime..... Dan Wilkins

Evenings and Weekends - (Alphabetical)

Jamie Dixon

Gary Docherty

Mark English

Steve Gilbert

Shelley Horton

Sean Jackson

Nicole Reeves



Navy Club Hours	
Monday	11 am – 9 pm
Tuesday	11 am – 9 pm
Wednesday	11 am – 12 am <sup>*new</sup>
Thursday	11 am – 12 am
Friday	11 am – 12 am
Saturday	11 am – 12 am

### **Private Bookings of the Club**

#### **Members ONLY**

O.C.N.V.A. members must fill out a “Special Occasion Request for Use of Facilities” form describing the event. The forms are available from the office or a bartender on duty.

You must pay a set donation for the use of the club, payable at the time of booking.

*REMINDER: We are a private club, and as such all members are permitted into the club during a private function. Except for Sundays*

**If it is approved, as an O.C.N.V.A. Member, you MUST BE IN ATTENDANCE for the duration (start time to finish) and assume responsibility for all guests.**

For the full Rental agreement, see the office.



## Executive Meeting

Sunday, November 19th, 2023 10 am

## General Meeting

Wednesday, Nov 29<sup>th</sup>, 8 pm

Steak Dinner \$18.00

Served between 5:30 pm – 7:00 pm

### General Meeting Steak Dinner Pre-Buy Dinner Ticket

Steak Dinner tickets can be purchased BEFORE

General Meeting Night.

Starting the Monday of the week before the meeting,  
tickets will go on sale for the steak dinner.



Guests are permitted to the steak dinner, but only  
members can attend the meetings.





## Membership

For members who attended the September General Meeting, it was encouraging to see the large number of new members that were introduced to the membership that evening as the club continues to grow. Our total membership now stands at 821 members and the breakdown of the membership is as follows: -

Navy - 22 members

Associate - 30 members

Affiliate - 354 members

Social - 388 members

H/L/P - 27 members

There was a slight hiccup in the printing of the 2024 membership cards, but they are again now in process and will be ready by mid-October. Everything these days seems to be increasing in price, but the Executive has advised that the Membership dues will remain at the 2023 level; that is \$85.00 for regular membership and \$45.00 for seniors' membership. If your birthdate is on or before February 1st. 1959, you will be eligible for the senior's membership.

With only four General Meetings remaining to sign in the book, I would ask that if anyone knows of a member who is unable to attend a meeting through being shut-in, work, illness, travel, etc. please let me know and I can mark the sign-in book accordingly.

Looking forward to seeing you all in the club.

## **Dick Henshall**

### *e-transfer available*

*Available to pay for your membership, pre-buy your General Meeting Steak Dinner tickets, club's dinner & dance tickets, or pay for club rental. Tickets will not be held until confirmation of payment is received.*



## Publicity

If you have submitted your email address to the office or Publicity and are not receiving emails from Publicity, please check your spam or junk mail. **Make sure Publicity is in your "Contacts"**.

Don't miss a thing, check us out. Make sure you are visiting our website; it has all the events, meals, and entertainment at the club. [www.ocnva.ca](http://www.ocnva.ca)



[publicity@ocnva.ca](mailto:publicity@ocnva.ca)

**Sandra Lightbody**



## Treasurer

The financial reports are posted in the gangway for anyone to have a look over them if you choose to do so.

If all goes as planned, we hope to be starting the new Universal Washroom project very soon. We received a building permit from the city which finally came in on October 5th. As of the time, this Port & Starboard report is being prepared, we are waiting on an answer from the Ontario Trillium Foundation to find out if we were successful on our application made in early June. We are very hopeful about our chances of getting this grant and that some positive news may be coming our way.

I would like to thank the members of the Gunner Club from Brantford who recently made a surprise visit to our Club on Saturday, September 30th. It's always great to have guests like these folks that stop into our Club and do a visit.

The Club continues to stay very busy with all the various meals that are being offered as well as different events such as the Christmas parties being organized by the Colour Party and the Sports Committee. Please be sure to support these events and the numerous teams of volunteers in the galley that prepare meals for us every week. November is a very special month for all of our veterans who served our country, it allows us to enjoy our freedom every day. Please take time to pay tribute to our veterans on November 11th as we celebrate Remembrance Day.

## Lyle Ball



## Grounds

We hope everyone had a Happy Thanksgiving. Thanks to the guys for taking the pump out of the pond for the winter. Thank you to the Police Auxiliary for the donation of the life preserver for the pond.

Remembrance Day is not far off, and we will need people to volunteer with the selling of poppies at Zehrs....any amount of your time would be appreciated. A sign-up sheet will be in the gangway, the sheet is quite blank right now, so please sign up. Happy Halloween and watch out for ghosts & goblins.

## Gerrie & Bill Arthurs





## Secretary

My first General Meeting in September as your new Club Secretary had a tremendous turnout. As a member of your Executive Board, I personally appreciate your support and hope to see you all again at our 2023 daytime breakfast and General Meeting on October 29th.

**Marilyn McNeil**



## Master at Arms

If you need a blue By-law book, they are available in the gangway on the sideboard, every member should have one. They have been all updated with the new Bylaws.

**Steve Brown**



## Sports

All the Sports Leagues are up and running.:

- Monday Afternoon Ladies Shuffleboard
- Tuesday Afternoon Ladies Shuffleboard
- Wednesday Afternoon Ladies Euchre
- Wednesday Evening Mixed Darts
- Thursday Morning Seniors' Men's Shuffleboard
- Saturday Afternoon Men's Shuffleboard



It's great to see so many leagues, a great way to support your club!



## Directors

The directors would like to applaud the executives for all their professional skills in operating the Navy Club. This month we would like to recognize our 2<sup>nd</sup> Vice Bryan (Bucky) Bucholtz for his time and great job organizing the Galley and its volunteers. Thank you to Bucky and the galley volunteers for all your hard work and great meals.

Help support your Club by attending the meals planned for your enjoyment!

**Rick D'Entremont**

**Nancy Wettlaufer**

**Carlene Smith**

### **SIGN UP EARLY!**

Throughout the year, sign-up sheets are posted on the gangway bulletin board for various events and tournaments.

Events may be canceled weeks before the event if not enough names are on the sign-up sheets.

Avoid disappointment and cancellations by signing up early!!!!



# November



Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1 Bluegrass and Old Time Country Jam	2 Wings & Football 	3 Lunch 12noon Dinner 5-7 pm Wheelhouse 7:30-10:30 pm	4
5	6	7	8 Bluegrass and Old Time Country Jam	9 Wings & Football 	10 Lunch 12noon Dinner 5-7 pm No Entertainment	11 Remembrance Day 
12	13	14	15 Bluegrass and Old Time Country Jam	16 Wings & Football 	17 Lunch 12noon Dinner 5-7 pm Rockwell 7:30- 10:30 pm	18 French Onion soup lunch 12-1pm 
19 Executive Meeting 10 am	20	21	22 Bluegrass and Old Time Country Jam	23 American Football 12:30 – 12pml 	24 Lunch 12noon Dinner 5-7 pm The Hippies 7:30-10:30 pm	25 Colour Party Country Christmas Dinner and Dance 
26	27	28	29 Steak Dinner 5:30-7 pm  General Meeting 8 pm	30 Wings & Football 		

All Lunches and Events are subject to cancellation or change





**CENTURY 21**  
Heritage House Ltd.



HOME OF THE  
**FREE**

BECAUSE OF THE  
**BRAVE**

*Lest We Forget*



**Remembrance Day**  
**November 11, 2023**



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# Entertainment

**George Spilak**

No admission fees unless otherwise stated.

**Friday, Nov 3rd Wheelhouse**

Live entertainment 7:30- 10:30 pm (following dinner)

**Friday, Nov 17<sup>th</sup> Rockwell band**

Live Entertainment; 7:30 -10:30 pm (following dinner)

**Friday, Nov 24<sup>th</sup> the Hippies - Angelo & Fritz**

Live entertainment 7:30-10:30 pm (following dinner)



**Friday, Dec 1<sup>st</sup> The Piano Man – Mike Stoneman**

Live entertainment 7:30- 10:30 pm (following dinner)

**Friday, Dec 8<sup>th</sup> The Country Versatiles**

Live entertainment 7:30- 10:30 pm (following dinner)

**Saturday, Dec 16<sup>th</sup> Vooodoo Kings**

Live entertainment 8-11 pm

**Sunday, December 31<sup>st</sup>, 2023**  
**New Year's Eve Dance**  
**Speed Wobble - Live entertainment**  
 9:00 pm – 1:00 am \$25.00 pp  
 Doors open at 7 pm

Light lunch Tickets available at the bar

**Friday, November 24<sup>th</sup>**  
 7:30- 10:30 pm  
 Live entertainment  
**"The Hippies"**  
 Angelo Prainot  
 and Fritz

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# Woodstock Sea Cadets



## R.C.S.C.C Woodstock

Do you have a family member between 12- 18 years old who would be interested in a Free program? The Woodstock Sea cadet program could be the place for them. Located in Southside park in Woodstock at the "Ship". This program focuses on promotion of Leadership and citizenship for youth, physical fitness, and promotes interest in the canadian armed forces (with no requirement of joining the forces). This program has strong roots, and if the youth in your life are willing to put in the effort and commitment, they will take away skills and friendships that will last a lifetime.

As the Coxswain of the corps, I have been involved in the cadet program since 2016. I have worked my way to the top of the corps and I hold the most senior cadet position of the ships company. I have been granted experiences of a life time such as fully paid summer camps where you get paid to go, developed strong leadership skills, and have met so many great friends along the way. This program looks phenomenal on a resume as you can earn many qualifications and has the reputation of educating youth to be an outstanding member within their community. I highly recommend this program to anyone who is looking for a place that they are guaranteed to fit in without any judgment.  
-Chief Petty Officer Second Class(CPO2) Maggie Cassells.

Check out our Website and social media for more information:

Website: [RCSCCWoodstock.ca](http://RCSCCWoodstock.ca)

Instagram: [RCSCCWoodstock](https://www.instagram.com/RCSCCWoodstock)

Facebook: [RCSCC Woodstock](https://www.facebook.com/RCSCCWoodstock)

# Ring In the New Year

SUNDAY, DECEMBER 31<sup>ST</sup>

\$25.00 PP

TICKETS AVAILABLE AT THE BAR

9 PM — 1:00 AM

DOORS OPEN AT 7 PM

LIVE ENTERTAINMENT

## SPEED WOBBLE

LIGHT LUNCH

PARTY FAVOURS

DRESS CODE IN EFFECT. . . DRESSY CASUAL OR COCKTAIL (NO JEANS)

## OCNVA Sport Committee

The Sports Committee is once again very pleased to be donating \$5,000 towards the recently completed Washroom Refresh. The cheque will be presented at the upcoming General Meeting on October 29th. Our group of men are very proud to assist the Navy Club in any way possible as we have in the past with the Galley Hood Upgrades a few years ago and the newly acquired Galley Kitchen Equipment purchased last year. The Sports Committee would like to recognize Ruth Ann Rule. Ruth Ann is our go-to person who creates our posters for our events and prepares the tickets for all of the events that we host. Thank you, Ruth Ann, for your continued support to the Sports Committee.

Tickets are on sale for the Sports Committee Christmas Party which is a traditional turkey dinner with the fixings and live entertainment by Highway 24 to follow. It will be held on Saturday, December 9<sup>th</sup>, so be sure to get your tickets before they are sold out and remember to write down your table reservation on the sheet in the gangway. Tickets are \$25.00 per person and are available at the bar.

We also want to welcome two (2) new members to the Sports Committee. Thank you, Sean Jackson & Chris Whetstone, for stepping up and being part of our Team. As always, be sure to thank a Veteran for our freedom that we enjoy in our country. Be sure to pay tribute to our Veterans on Remembrance Day on November 11th and support them however we can.

Lyle Ball  
Sports Committee Secretary

O.C.N.V.A.  
Sports Committee

# Christmas Party

Saturday  
December 9th

\$25<sup>00</sup> per person  
*Dinner Served*  
6:30 pm

**TURKEY DINNER**  
*with all the fixings*

*Entertainment Music by "Highway 24"*  
7:30 pm to 10:30 pm

TICKETS ON SALE AT BAR - RESERVATIONS WILL BE TAKEN



# Colour Party

We have been busy marching and had a great turnout at the Battle of Britain. The Colour Party would like to say a big thank you to Cecil Williamson for the gift of a medallion to each Colour Party member. Cecil was a former Colour Party member who served for many years. He said it was a thank you to all of the Colour Party for what we do for the club, and we are proudly representing the club in many different ways. We said thank you and it is our honour to do it.

We are so looking forward to our Christmas dinner and dance, the tickets are on sale at the bar and from each member of the Colour Party. We look forward to seeing some of you there, it is once again a country theme.

We are still looking for new members.

Mary Couch  
Bob Brown



**O.C.N.V.A. COLOUR PARTY**  
**Country Christmas Dinner & Dance**  
**Saturday, November 25<sup>th</sup>**  
**\$25.00 per person**  
*Tickets available from the bar*  
**6:30 pm Dinner**  
*Roast Beef or Ham, mashed potatoes, veggies, salad, roll & dessert*  
**8:30 pm Live Entertainment**  
**Midlife Crisis**

*Western Attire Encouraged*

*Table Reservations will be taken  
Sign-up sheet in the gangway  
Seating location will be assigned by Colour Party*



## COZY AUTUMN WILD RICE SOUP

6 cups vegetable stock (*or chicken stock*)    1 cup uncooked wild rice\*  
8 ounces mushrooms, sliced    4 cloves garlic, minced.  
2 medium carrots, diced    2 ribs celery, diced.  
1 large, sweet potato, peeled and diced    1 small white onion, peeled and diced  
1 bay leaf    1 1/2 tablespoon Cajun seasoning  
1 1/2 cups of half and half    2 large handfuls of kale, roughly  
fine sea salt    chopped with thick stems removed.  
and freshly cracked black pepper

**Sauté the veggies.** Heat (an extra) 1 tablespoon butter or olive oil in a large stockpot over medium-high heat. Add onion and sauté for 5 minutes, stirring occasionally, until soft and translucent. Stir in the garlic and cook for an additional 1-2 minutes, stirring occasionally, until fragrant.

**Add base ingredients.** Add in the vegetable stock, wild rice, mushrooms, carrots, celery, sweet potato, bay leaf and Cajun seasoning. Stir to combine.

**Simmer.** Continue cooking until the soup reaches a simmer. Then reduce heat to medium-low, cover and simmer for 30 to 40 minutes until the rice is tender, stirring occasionally.

**Add final ingredients.** Add the half & half and kale to the soup, and stir gently until combined. Taste and season with salt and pepper as needed.

**Serve.** Serve warm and enjoy!



NOTHING BRINGS PEOPLE  
*together*  
LIKE GOOD FOOD



# Lemon Chicken Orzo Soup

2 Tablespoons butter  
3 cloves garlic, minced  
2 medium carrots diced  
2 chicken breast  
Boneless, skinless  
4 tablespoons lemon juice  
2 tablespoon fresh dill chopped

1 medium onion chopped finely.  
2 sticks celery, diced.  
5 cups chicken stock.  
½ teaspoon Italian Seasoning  
½ cup dry orzo, uncooked  
2 tablespoons fresh parsley, chopped.  
salt and pepper to taste.

Melt butter in a medium pot over medium heat. Add onions and garlic and sauté until onions are soft and translucent, about 3-4 minutes. Add in celery and carrots and continue to sauté for another 3 minutes, stirring often.

Add stock, chicken, and Italian seasoning. Bring to a boil on high heat, then cover, reduce heat to low, and simmer for 20 minutes.

Remove chicken from pot and add orzo. Cook uncovered on medium high until the orzo is cooked through (about 10 more minutes), stirring occasionally. Meanwhile shred the chicken with a fork and then place back into the pot, while the orzo is still cooking.

Once orzo is cooked, stir in lemon juice, parsley, and dill. Season with salt and pepper, to taste.

Serve immediately with some extra lemon wedges and fresh herbs.

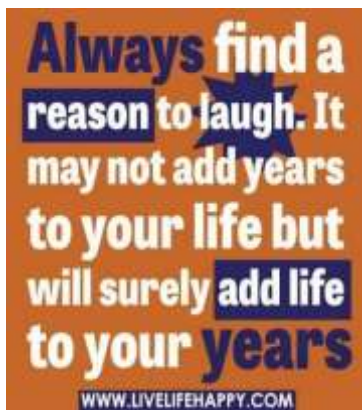


**How to make with pre-cooked chicken:** You can make this soup with leftover chicken or rotisserie chicken. Add it in when you are adding in the orzo.

**How to serve:** Serve lemon chicken orzo soup with some Greek salad and a loaf of crusty bread. Small batch ciabatta rolls, easy no knead french baguettes, small batch no-knead bread, or small batch sourdough.



1978	2023
Long hair	Longing for hair
8 Tracks	Cataracts
KEGs	EKGs
Streaking	Leaking
Acid Rock	Acid Reflux
Seeds and stems	Fiber
Stayin' Alive (the song)	Stayin' Alive (the goal)
Hoping for a BMW	Hoping for a BM
Going to a new, hip joint	Getting a new hip joint
Rolling Stones	Kidney Stones
Bell bottoms	Big bottoms
Disco	Costco
Whatever	Depends
Rock n' roll all night	Sleep through the night
Think you know everything	Think you know your name



There were two nuns.

One of them was known as Sister Mathematical (SM), and the other one was known as Sister Logical (SL).

It is getting dark, and they are still far away from the convent.

SM: Have you noticed that a man has been following us for the past thirty-eight and a half minutes? I wonder what he wants.

SL: It's logical. He wants to make love to us.

SM: Oh, no! At this rate, he will reach us in 15 minutes at the most! What can we do?

SL: The only logical thing to do of course is to walk faster. A little while later...

SM: It's not working.

SL: Of course it's not working. The man did the only logical thing. He started to walk faster, too.

SM: So, what shall we do? At this rate, he will reach us in one minute.

SL: The only logical thing we can do is split. You go that way and I'll go this way. He cannot follow us both. So the man decided to follow Sister Logical.

Sister Mathematical arrives at the convent and is worried about what has happened to Sister Logical. Then Sister Logical arrives.

SM: Sister Logical! Thank God you are here! Tell me what happened!

SL: The only logical thing happened. The man couldn't follow us both, so he followed me

SM: Yes, yes! But what happened then?

SL: The only logical thing happened. I started to run as fast as I could, and he started to run as fast as he could.

SM: And?

SL: The only logical thing happened. He reached me.

SM: Oh, dear! What did you do?

SL: The only logical thing to do. I lifted my dress up.

SM: Oh, Sister! What did the man do?

SL: The only logical thing to do. He pulled down his pants.

SM: Oh, no! What happened then?

SL: Isn't it logical, Sister? A nun with her dress up can run faster than a man with his pants down.

And for those of you who thought it would be dirty,

Say two Hail Marys!



Below is a list of the executive with email addresses if you need to get a hold of any of these executives.

## Executive email addresses

President	Karen Sutherland	<a href="mailto:president@ocnva.ca">president@ocnva.ca</a> -Any issues or inquiries about the club.
Secretary	Marilyn McNeil	<a href="mailto:secretary@ocnva.ca">secretary@ocnva.ca</a> -correspondence
Publicity	Sandra Lightbody	<a href="mailto:publicity@ocnva.ca">publicity@ocnva.ca</a> -publicity, email addresses
Entertainment	George Spilak	<a href="mailto:entertainment@ocnva.ca">entertainment@ocnva.ca</a> -entertainment bookings and correspondence
Membership	Dick Henshall	<a href="mailto:membership@ocnva.ca">membership@ocnva.ca</a> -Membership-related issues
House	Peter Keith	<a href="mailto:house@ocnva.ca">house@ocnva.ca</a>
Treasurer	Lyle Ball	<a href="mailto:treasurer@ocnva.ca">treasurer@ocnva.ca</a>

*To the memory of those stout hearts, our shipmates and messmates who have not returned and will not be returning from the dark waters. Somewhere in those unlit depths today they lie, a torn steel hull their sepulcher, an ocean floor their abbey.*



*One remembers them not alone for the gallantry of their sacrifice, but too because somehow one's own life seems the richer for having known their friendship.*



**ERNIE HARDEMAN**  
MPP - Oxford

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- ODSP/OW
- WSIB
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519-537-5222 | [ernie.hardemanco@pc.ola.org](mailto:ernie.hardemanco@pc.ola.org)





**Sheri Vindasius**

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